

Nasal Flu Vaccination Programme

- Flu is a serious virus that mainly effects your respiratory system.
- The flu vaccine helps to protect your child and family against the virus, especially those that have other health problems.
- The nasal flu programme has been running in primary schools for a number of years.
- Your child will be offered the flu vaccine every Autumn / Winter term in school.



1. School will send you a consent form or an online link to complete for your child.
2. Complete and return your consent form to school **as soon as possible or complete the online link to consent.**
3. If you have consented to your child receiving the flu vaccine this will then be administered by a registered nurse in school between October and December.
4. Once your child has received the vaccine they will receive a post vaccination slip **or email** to confirm they have had it.

Contact Intrahealth on: 0333 358 3397

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FREQUENTLY ASKED QUESTIONS:

“The flu vaccine contains Coronavirus”

NO! The flu vaccine does not contain coronavirus. You can not get coronavirus from the vaccine and also the flu vaccine does **NOT** protect you against it.

“Does the nasal flu vaccine hurt?”

NO! The nasal flu vaccine does not hurt. It is like a spray of water up each nostril.

“My child can not have the nasal flu vaccine due to the porcine gelatine”

An alternative injectable flu vaccine is available that does not contain porcine gelatine

“My child had a vaccine last year, so doesn’t need it again.”

The type of flu changes every year so it is important to have the vaccine every year to stay protected.

“Flu isn’t that bad, its just like a bad cold.”

Flu is much worse than a cold, lots of people including children end up in hospital and even die from flu every year.

“The vaccine makes you poorly.”

You can’t catch flu from having the vaccine. Sometimes, if you are becoming ill and then have the vaccine it can seem like the vaccine has caused it.

“My child is healthy and does not need it.”

It is still important that we protect our families by having the vaccine. Even if we can fight off the virus, vulnerable people might not be able to.

To help yourself and your family stay healthy—wash your hands regularly, use tissues when you cough or sneeze and make sure you are up to date with your vaccinations.

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