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Wigan<sup>♥</sup>  
Council



LEARN

TO

SWIM

LESSONS

FOR

LIFE

Join today and enjoy  
**UNLIMITED SWIMMING**  
while you improve\*



[inspiringhealthylifestyles.org/swimwigan](http://inspiringhealthylifestyles.org/swimwigan)

\*See website for details.

# LEARN TO SWIM

LESSONS FOR LIFE

**It's never too early to start and it's never too late to learn. So whether you're looking to teach your child a valuable life skill, a swimmer wanting to improve or an adult looking to take the plunge for the first time, we've got swimming covered.**

## OUR LEARN TO SWIM OPTIONS

### • Swim Tots & Parent-Child Classes

These are all about having fun in the water, building water confidence, playing games and making friends.

### • Lessons for Children & Adults

We teach the Swim England Learn to Swim framework meaning everyone who learns can easily understand and follow their progress. Learn the basics at Stage 1 and reach the ultimate goal of Stage 8.

Visit our website to find out more about the different stages.

### • Competitive Swimming & Rookie Lifeguards

We also offer stage awards in competitive swimming and rookie lifesaving. Please ask at reception for more information.

## WHY PAY BY DIRECT DEBIT?

Pay for your child's swimming lessons by Direct Debit and get casual swimming sessions for your child included in the price.

That's a weekly, 30 minute class plus unlimited swimming whenever casual swim sessions are available to youngsters, all for one low monthly cost.

That means they can learn, practice, have fun and progress from beginner (Stage 1) through to learning more advanced aquatic skills such as competitive swimming and lifeguard skills (Stages 8) all for one great price\*.

Swim Tots and Parent-Child classes are available on a pay as you go basis.

Check out the swim timetable on our web page to find a time that suits you at your preferred leisure centre.

If you're an adult looking to learn we'll build a programme to suit you. Price available on request.

\*Those taking advantage of this offer must be accompanied by a paying adult, or current member when swimming unless the child is over the age of 8.

## WHERE AND WHEN ARE SWIMMING LESSONS AVAILABLE?

Swimming lessons are available Monday to Sunday at the Wigan Life Centre, Leigh Leisure Centre, Howe Bridge Leisure Centre and Ashton Leisure Centre and are delivered on a rolling programme that allows pupils to join at any stage and progress at their own pace.

## WANT MORE INFO? NO PROBLEM!

Drop in to any of our leisure centres with a pool for a chat. Alternatively, call us on **01942 895 045** or email [swimming@ihlmail.org](mailto:swimming@ihlmail.org)