Westleigh Family Centre January - February Timetable 13th January – 14th February 2025





How to engage with our services?

On the next few pages, you can view our upcoming timetable for sessions and activities at the Westleigh Start Well Family Centre and our linked sites at Leigh Central and Golborne.

Drop ins – You can just come to the venue and attend any sessions or activities.

Bookings – Unless stated otherwise all sessions are bookable. Contact centre to book a place by calling 01942 777705.

Full details for Venues:

Westleigh

Westleigh Family Centre at The Chapel, Westleigh Lane, WN7 5NJ

Leigh

Leigh Central Link Site, WN7 1UY All Saints Church Hall, Kenwood Avenue, WN7 2LN Kingsleigh Community Centre next to Kingsleigh Methodist Church (opposite the bus station), King Street, Leigh, WN7 1EB Leigh South Community Centre (TocH), Hope Carr Street, Siddow Common, WN7 3ET Leigh Library, Market Street, Leigh, WN7 1EB

Golborne

Golborne Link Site, Talbot Street, WA3 3NN Golborne Library, Tanners Lane, Golborne, Warrington WA3 3AW









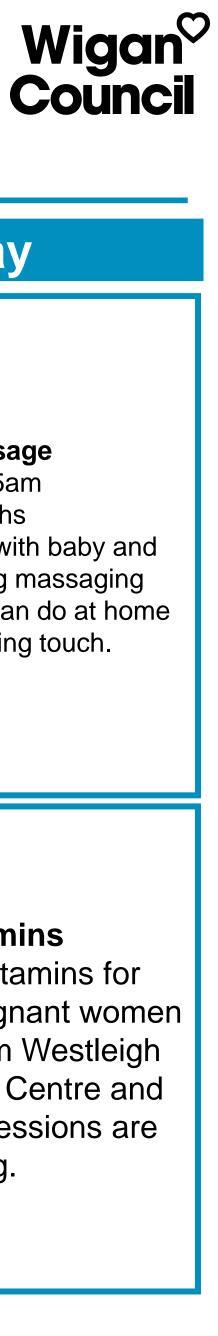
Westleigh

We	Tuesday	Monday
Adult Lear 9: Starti	Childminders Drop In 9:00-11:30am	Department for Work and Pensions 9:30-11:30am Drop In First Monday Of The Month Come and along to our free, drop-in service run by a member of DWP for support
Runs for a fu Contact (SEN Sensory 1:00-2:00pm	
Peer-To- Talk – Br	2 years + Drop In SEN Sensory has been designed to support families whose children have concerns over their child's development	Let's Talk With Your Toddler 9.30-10.15am 18 months + Caters to growing toddler's confidence in communicating. Offering play and short adult led activities to give
Find t	2school 4 After School 3:30-4:30pm Open Age Drop In	families an opportunity to learn new ways to encourage their child's speech and language skills.
Helping Ha Ring 019 appointm Worker for variety of to toileting, s	Come on in and tell us all about your day, whilst enjoying a range of activities to explore with new friends. We will offer homework help, a chance to share your thoughts for the day and some games to pass the time	Well Baby Clinic 1:30-3:30pm Drop In Come along to weigh and measure your baby and to meet a member of the local Health Visiting Team.
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Unless stated otherwise all sessions are BOOKABLE and will be held at Westleigh Family Centre at The Chapel, Westleigh Lane, WN7 5NJ. Please ring 01942 777705 to book your place. If you can't attend a session please let us know. We have limited space for prams inside Westleigh – where possible please use a baby car seat.



Wednesday	Thursday	Friday
It Learning – Level 2 Teaching Assistant 9:30am-12:00pm Starting 18 th September for a full academic year Sep-July ontact 01942 777705 for more information.	Big Cook Little Cook 10:00am-12:00pm 2 years+ A session for parents/ carers and their children to prepare together a healthy and affordable meal to enjoy at the centre.	Baby Massage 9:30-10:15am 0-6 months A nice way to bond with ba learn some relaxing mass techniques that you can do through a nurturing tou
Man Leigh 6:30-8:30pm Drop In eer-To-Peer Support For Men alk – Brew – Biscuits – Laugh Find them on Facebook	Sensory 1:45-2:30pm 0-6 months Babies love exploring and learning through their senses. Join us for themed weeks of sensory fun.	Free Vitamins
bing Hands Parenting Support ing 01942 777705 to make an opointment to see a Start Well ker for advice and support on a ety of topics including; behaviour, leting, sleep, routine and much more!	Bump, Baby and You Antenatal Course 6:00-7:30pm Scan to book	Healthy Start Vitamir Under 4's and pregnant are available from Wes Start Well Family Cent link sites when session running.
Important Note, Please read		



Leigh Central

Monday

Messy Monsters

10:00-11:00am 18 months - 5 years **Drop In** Themed arts and crafts sessions delivered by our very own volunteers.

Helping Hands Parenting Support

Ring 01942 777705 to make an appointment to see a Start Well Worker for advice and support on a variety of topics including; behaviour, toileting, sleep, routine and much more!

Tuesday

Storytime 9:30-10:30am 0-5 years **Drop In** Leigh Library Stories, Singing & Crafts

Let's Talk With Your Baby 9.45-10.45am 3-12 months old Helping your baby to develop their communication skills. Lots of exciting things to do including messy play, tummy time, water play and more.

Snuggle and Sing 11:00-11:45am Birth – Just starting to Walk **Drop In** Leigh Library

Helping with developing speech & language skills. Please note this session is for non walkers.

Shake Our Sillies 2:00-3:00pm 2 years – 5 years Come and release some energy. We will dance, move, sing and play music together to let those sillies out the system!

Wednesday NEW Namaste Baby & Me 9.45-10.30am 6 weeks-12 months Come and join us for a mindful yoga time for you and baby. 6-8 week check needed **Craft Club** NEW 11:00-11:45am 18 months – 5 years **Drop In** Feel inspired to make some creations, from picture frames to bracelets and fabric painting. Show off your creative side! **Baby Massage** 1:30-2:15pm 0-6 months A nice way to bond with baby and learn some relaxing massaging techniques that you can do at home through a nurturing touch.

Unless stated otherwise all sessions are BOOKABLE and will be held at Leigh Central Link Site, Windermere Road, WN7 1UY. Please ring 01942 777705 to book your place. If you can't attend a session, please let us know. Unfortunately, due to health and safety we are unable to allow prams inside the center however we do have a sheltered area outside.



Friday

Wrinkles and Dimples 9:30-11:30am 0-5 years Drop In Parent/carer and toddler group. **Kingsleigh Community Centre next** to Kingsleigh Methodist Church, King Street, Leigh, WN7 1EB

Free Healthy Start Vitamins

Healthy Start Vitamins for Under 4's and pregnant women are available from Westleigh Start Well Family Centre and link sites when sessions are running.

Important Note, Please read

Volunteers Needed!

At Wigan Council we support volunteers to contribute to the work we do you'll find a range of volunteering opportunities by visiting the link below.

https://www,wiganboroughvolun teerhub.co.uk



Golborne

Monday

Childminders Drop In 9:00-11:30am

Baby Massage 1:00-1:45pm 0-6 months A nice way to bond with baby and learn some relaxing massaging techniques that you can do at home through a nurturing touch.

Snuggle and Sing

2:15-3:00pm Birth – Just starting to Walk Helping with developing speech & language skills. Please note this session is for non walkers.

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Unless stated otherwise all sessions are BOOKABLE and will be held at Golborne Linked Site, Talbot Street, WA3 3NN. Please ring 01942 777705 to book your place. If you can't attend a session, please let us know. Unfortunately, due to health and safety we are unable to allow prams inside the center however we do have a sheltered area outside with pram locks available at reception.



Vednesday	Thursday	Friday
nildminders Drop In 9:00am-12:00pm	Let's Move With Your Baby 10:00-10:45am 6-14 months A session dedicated to supporting the physical development of babies through a range of fun activities.	Storytime 12:45-1:45pm 0-5 years Drop In Stories, Singing & Craft Golborne Library
ou a parent/carer who is		Sensory 2:30-3:15pm 6 months+
e about shaping services for families in Wigan? d make a real difference in mily Hub for you and your or more information, please ontact us by email at volunteering@wigan.gov.uk	Ready, Steady, Play! 1.30-2.15pm 18 months + A structured session supporting exploration, nursery/ funding advice and opportunities to explore with your peers.	Babies love exploring and le through their senses. Join to themed weeks of sensory Childcare Funding
Hands Parenting Support 1942 777705 to make an itment to see a Start Well or advice and support on a topics including; behaviour, g, sleep, routine and much more!	SEN Sensory 3:30-4:30pm 2 years + Drop In SEN Sensory has been designed to support families whose children have concerns over their child's development	To find out more abo childcare funding and h apply, visit: <u>www.childcarechoices.c</u>

Important Note, Please read

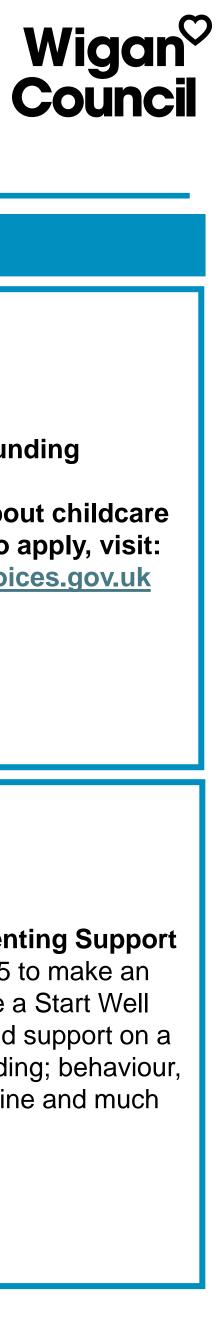


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ednesday	Thursday	
Aoving Mayhem 9:30-10:45am Walking-5 years Drop In or a Wednesday morning all as we get active with a hysical activities. Fun for all the family. Outh Community Centre ope Carr Street, Siddow ommon, WN7 3ET	St Thomas Parent and Toddler Group 9:30-11:30am 0-5 years Drop In Term time only, parent and toddler session. Fun filled activity, All Saints Church Hall, Kenwood Avenue, WN7 2LN	Childcare Funding To find out more about ch funding and how to apply www.childcarechoices.g
As Parent and Toddler Group 9:30-11:30am 0-5 years Drop In e only parent and toddler on. Fun filled activity, 5 Church Hall, Kenwood yenue, WN7 2LN	Are you a parent/carer who is passionate about shaping services for families in Wigan? You could make a real difference in your Family Hub for you and your child. For more information, please contact us by email at earlyhelpvolunteering@wigan.gov.uk	Helping Hands Parenting S Ring 01942 777705 to ma appointment to see a Star Worker for advice and supp variety of topics including; be toileting, sleep, routine and more!



How can you have your say and get involved?

Are you a parent/carer? Are you passionate about shaping services for families in Wigan?

We are looking for parents and carers of children aged 0-19 or children up to 25 years old with a special educational need and disability (SEND), to join the Family Hub parent/carer panel. If you have any further questions or want to be part of our parent/carer panel, please contact us by emailing earlyhelpvolunteering@wigan.gov.uk or visit www.wiganboroughvolunteerhub.co.uk/vo10378

