



Free nine week course to help:

- Understand your child's behaviour and how they communicate.
- Recognise how your child is feeling.
- Reduce the difficulties you face in everyday life.
- Improve how you communicate with your child.
- Understand the importance of play.
- Develop good routines and boundaries.
- Improve relationships between you and child for a happier and calmer home.

Starting Thursday 11th January

12:30 –14:30

Wigan Central Family Hub

The Meadows

Email Parentingsupport@wigan.gov.uk to book a place

Wigan Borough
family
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